

Know Thyself

Organised by:



Date: Sunday, 25th March 2018 **Time:** 7:30 pm - 9:00 pm **Venue:** The Pure Life Society, Jalan Puchong, Kuala Lumpur



Since time immemorial, human beings have been striving to “Know Thyself”, to try make contact with ‘That’, realizing that there is a higher and bigger ‘Self’ which is the most fundamental basis of life and this big diverse universe.

Maharishi Mahesh Yogi, through the ancient Vedic knowledge of India, has founded and revived Transcendental Meditation; a simple, natural and effortless mental technique which can enable us to easily transcend into ‘That’ omnipresent field to “Know Thyself”. Maharishi said, all of us are just like individual waves that come from the same ocean of Pure

Consciousness and when we practice Transcendental Meditation our minds dive back into ‘Atma’ which is located at our source of thoughts.

More than 600 scientific studies have been conducted in top research institutions to validate the wide-ranging benefits of Transcendental Meditation in the areas of mental development, health, relationship and ultimately, enlightenment to individuals and creation of world peace.

Speaker:

Mr Desmond Liew, Certified Teacher of Transcendental Meditation, Global Country of World Peace.



Desmond Liew

REGISTRATION FREE

For further information and registration please contact:

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