KDN: PP19158/02/2017 (034688) ISSN: 0012-1746 THE PURE LIFE SOCIETY (SHUDDHA SAMAJAM) **BULLETIN JANUARY - JUNE 2019**

FIND INSIDE

ACHIEVEMENTS	VISITS / OUTINGS	HOLIDAY ACTIVITY
3	4	5
WORK-SHOPS	BUKA PUASA	VOLUNTEERS
6	7	8
PARENTS DAY	CARNIVAL TIME	HEALTHY LIVING
9	10	11













ACHIEVEMENTS







Kuruchetran Murugan made the Pure Life Society proud when he graduated with top marks for Year 10, from the Global Indian International School and also when he was named as Sportsman of the Year.





Another proud moment for PLS when Vengadiswara Billie Theeran received Sijil Kecemerlangan for Bahasa Melayu and Sijil Kecemerlangan, Pencapaian Terbaik (Pertama) Tingkatan Satu Alpha, SMK La Salle Brickfields.

VISITS



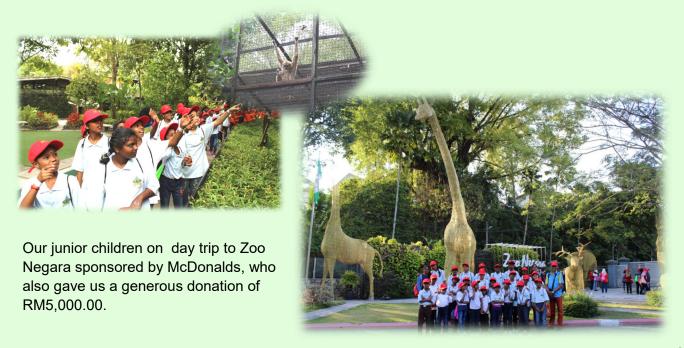






Visit by our regular donor and good friends of the Pure Life Society, Committee Members of Katorea-Kai (Ladies Wing), of the Japan Club. They were briefed by Mother Mangalam and Datin Poonam on our works and taken for a tour around the PLS vicinity such as the Temple, Sewing Centre, Library & Computer Centre, our gardens, dormitories and administrative block.

OUTINGS



HOLIDAY ACTIVITY









Holiday activity for senior children at Mothers Care Nursing Home in PJ. The children helped to feed the senior citizens, massaged their body and legs with guidance and entertained them with songs and dance. This is to instill in them empathy, care and love for the elderly.

COMPETITION



WORK-SHOPS



Vocal training for all children by My Music Gang over a period of 3 months. They held a Finale after the training and certificates were given out to all.



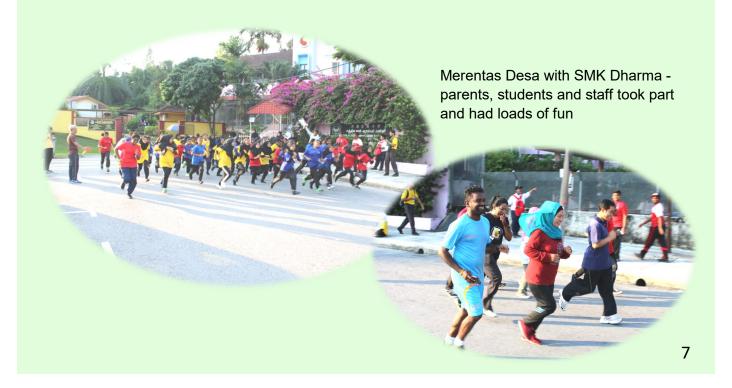
Soap-Making with the senior girls by Ms Vanessa Lim, formerly of Taylors University

BUKA PUASA AT PLS

Hosted by PLS and members of the Inter-faith for Spiritual Fellowship (INSaF), a Buka Puasa event was held at the PLS for members, donors and friends. We had a forum entitled "Multi-Faith Unity for Global Peace", followed by prayers by our Muslim brethren and a halal vegetarian dinner.



CROSS-COUNTRY RUN



YOLUNTEERS/COMMUNITY SERVICE



PARENTS DAY

Parents of the wards were invited for a briefing by the PLS on the rules and regulations of the Home. A power-point presentation depicting all our activities was presented. The President, Mother Mangalam gave a talk to the parents and the children. This was followed by high tea and interaction with staff.



EXPRESSIVE PAINTING



Humankind, an NGO, organized Expressive Painting Programme for the staff who were involved directly with children.

CARNIVAL TIME

The children had a gala time when Wonderland Charity organized a Carnival in PLS. We were joined by children from other Homes. Lots of games and activities went on with the children who had loads of fun.



HEALTHY LIVING BY WOMEN'S WING OF PLS (PLSWW)

The 4th Healthy Living was a talk on "Cooking Savoury & Healthy Food for your Family" followed by a cooking demonstration by Ms Mary Easaw, a consultant Dietitian. She took the audience through a very knowledgeable slide presentation on Nutrition and Diet. Ms Easaw prepared 3 meals which were tasty and easy to prepare.



